

NPC Day Care Menu Week of: October 12, 2026 - October 16, 2026

Breakfast

Categories	Monday 10/12	Tuesday 10/13	Wednesday 10/14	Thursday 10/15	Friday 10/16
Fruit	Fresh Fruit				
	Rice Krispies Chex	Waffles	Kix	French Toast	Cheerios Honey Bunches of Oats
	WG Toast				
Milk	Milk				

A.M. Snack (NOT CACFP CREDIBLE)

Categories	Pop Tarts	Mixed Fruit Pretzels	Wheat Thins	Cheese Sticks	Rice Krispie Treats
Milk/Juice Water	Milk	Milk	Juice	Milk	Milk

Lunch

Categories	Monday 10/12	Tuesday 10/13	Wednesday 10/14	Thursday 10/15	Friday 10/16
Fruit	Peaches	Pears	Pineapple	Applesauce	Mandarin Oranges
Vegetable	Peas	Carrots	Broccoli	Corn	Green Beans
Grain/Meat	Macaroni	Veal	Soft Tortilla	Bread	Rice Pilaf
Meat/Meat Alternative	& Cheese	Patty	Chicken Cheese Fajita	Grilled Cheese	Turkey P/O Turkey Meat Balls D/P/K
Milk	Milk				

P.M. Snack

Categories	Gold Fish Grahams	Muffins	Fresh Fruit Crackers	Fresh Fruit Crackers	Yogurt
Milk/Juice Water	Milk	Milk	Water	Water	Milk

This institution is an equal opportunity provider.

Component Quantity required for each age			
	1-2 yrs.	3-6 yrs	6-12 yrs
Breakfast			
Milk	1/2 cup		
Fruit/Veg	1/4 cup	1/2 cup	1/2 cup
Breakfast/Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
Lunch/ Supper			
Milk	1/2 cup	3/4 cup	1 cup
Fruit/Veg	Two servings to a 1/4 cup	Total: 1/2 cup	3/4 cup
Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
Meat/Alternate	1 oz.	1 1/2 oz.	2 oz.
Snack any two food groups in the quantities below			
Milk	1/2 cup	1/2 cup	1 cup
Fruit/Veg	1/2 cup	1/2 cup	1/2 cup
Bread/Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
Meat/Alternate	1/2 oz.	1/2 oz.	1 oz.

Notes: No special notes this week.

Welcome Fall!

