

NPC Day Care Menu Week of: October 26, 2026 - October 30, 2026

Breakfast

Categories	Monday 10/26	Tuesday 10/27	Wednesday 10/28	Thursday 10/29	Friday 10/30
Fruit	Fresh Fruit				
	Rice Krispies Chex	Cheese Sticks	Kix	★ Pancakes	Cheerios Honey Bunches of Oats
	★ WG Toast				
Milk	Milk				

A.M. Snack (NOT CACFP CREDIBLE)

Categories	Fudge Rounds	Graham Crackers	Pop Tarts	Halloween Cookies	Lorna Doones
Milk/Juice Water	Milk	Milk	Milk	Milk	Milk

Lunch

Categories	Monday 10/26	Tuesday 10/27	Wednesday 10/28	Thursday 10/29	Friday 10/30
Fruit	Applesauce	Pineapple	Peaches	Tropical Fruit	Mandarin Oranges
Vegetable	Carrots	Corn	Green Beans	Peas	Lettuce Tomatoes P/O Broccoli D/P/K
Grain/Meat	Dino	Noodles	★ Muffin	Fish	Soft Tortilla
Meat/Meat Alternative	Nuggets	Kielbasa	Egg Omelets & Cheese	Sticks	Beef Taco Meat
Milk	Milk				

P.M. Snack

Categories	Tortilla Chips Cheese	Yogurt	Fresh Fruit Crackers	Ritz Bits	Goldfish Grahams
Milk/Juice Water	Juice Pouches	Milk	Water	Juice	Milk

This institution is an equal opportunity provider.

Component Quantity required for each age			
	1-2 yrs.	3-6 yrs	6-12 yrs
Breakfast			
Milk	1/2 cup		
Fruit/Veg	1/4 cup	1/2 cup	1/2 cup
Breakfast/Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
Lunch/ Supper			
Milk	1/2 cup	3/4 cup	1 cup
Fruit/Veg	Two servings to a 1/4 cup	Total: 1/2 cup	3/4 cup
Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
Meat/Alternate	1 oz.	1 1/2 oz.	2 oz.
Snack any two food groups in the quantities below			
Milk	1/2 cup	1/2 cup	1 cup
Fruit/Veg	1/2 cup	1/2 cup	1/2 cup
Bread/Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
Meat/Alternate	1/2 oz.	1/2 oz.	1 oz.

★ = Whole Grain

Notes: No special notes this week.

Welcome Fall!

